



April 1, 2006

CHRISTOPHER STATON JOINS VS ATHLETICS

Roseline Agboke & Aleks Deren Run Season Best 800's at Stanford

LOS ANGELES, CA—Director Skip Stolley has announced that former UCLA Decathlete **Christopher Staton** has joined the **VS Athletics Track Club** and Coach Dave Rodda's growing stable of multi-event athletes. Staton graduated with a B.A. degree in Psychology from UCLA in 2004, where he was an NCAA qualifier in the Decathlon. His best collegiate score of 7313 points ranks #8 all-time in UCLA history. He set his PR of **7427 points** en route to a 3rd place finish at the 2005 Mt. SAC Relays Decathlon.

Currently, Christopher is working as personal trainer and an assistant coach at UCLA. His professional goal is to become a sports photographer. His athletic goal is to make the 2008 Olympic Team in the Decathlon. His event PR's are **11.15** 100m, **23'2 1/2"** long jump, **45'11 1/4"** shot put, **6'11 3/4"** high jump, **51.45** 400m, **14.69** 110m Hurdles, **141'1"** discus, **14'9"** Pole Vault, **184'4"** javelin, and **4:47.0** 1500 meters. "Christopher doesn't have a weak event, says VS Coach Dave Rodda—nor does he have an event in which he cannot improve. He's all upside."

STANFORD INVITATIONAL

In other news, VS middle distance runners **Roseline Addo-Agboke** and **Aleksandra Deren** both ran season bests in the top 2 sections of the Women's 800 Meters at the Stanford Invitational. In section-1, the fastest, Aleks placed 7th in a season best **2:09.60** behind Michigan's Katie Erdman outdoor collegiate best of 2:05.17. In section-2, Roz stormed back from 5th place with 100 meters left in the race and was out-leaned for 1st place by Wisconsin-Milwaukee senior Tenia Fisher, 2:08.97 to Roz's season best **2:09.07**. "I was pleased that Aleks went through the first 400 in 61.3 today, said VS Distance Coach Skip Stolley, but she lost focus from 500-700 meters and fell out of contention. Aleks is very fit right now, but not fast yet, and needs more races. This was only her 2nd 800 this season. We are always behind the collegiates at this point who are just coming off their indoor seasons. That's no excuse, it's just a fact. As for Roz, she has finally figured out how to run this race. It's taken her a year to learn to position herself in the race where she feels most comfortable and in-control, and what she needs to do to be able to use her speed at the end of the race."

High Jumper **Matt Voelker** also competed at Stanford, jumping 6'8 3/4" (2.05m) for 7th place behind Mankato State junior Jim Dilling's meet record 7'3 (2.21m)."

Complete Results: http://gostanford.cstv.com/sports/c-track/stats/2005-2006/stanford_inv_results_all.html

Athletes interested in joining the VS Athletics Track Club are invited to contact:

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