



August 3, 2006

NICK GARCIA AND LYNNAE SAMUELS WIN SUMMER GRAND PRIX TITLES

VAN NUYS, CA—Shot putter **Nick Garcia** and hurdler **Lynnae Samuels** won the scoring titles in their respective events at the **2006 Southern California USATF Summer Grand Prix Track & Field Series** that concluded August 2. In the 6 consecutive Wednesday evening meets held at Birmingham High School in the San Fernando Valley, athletes scored points by placing 1st through 8th in 32 men's and women's events towards \$5000 in cash prizes awarded at the conclusion of the Series.

Nick Garcia, who has been a tear since winning the Shot/Discus titles last month at the *USATF National Club Track & Field Championships*, was undefeated in the Summer Grand Prix and recorded a PR Series on July 20 with 4 throws over 59-feet. A week later on July 27, he launched a PR throw of **60'1 3/4"** (18.33m) at the Los Gatos Throws Festival. **Lynnae Samuels** won GP titles in the Women's 100m Hurdles, 400m Hurdles and Long Jump. She also scored points in the Triple Jump and Shot Put to finish as the Women's Overall Points Leader with 224pts and win a Nike Triax Speed 50 Wristwatch.

Other **VS ATHLETICS Track Club** members who won prize money in the Series were **Larry Carr** (2nd in the Men's 800 meters), **Roseline Agboke** (2nd in the Women's 800 and tied for 3rd in the 1500), and **Aleksandra Deren** (3rd in the Women's 800 and tied for 3rd in the 1500.) Roseline ran two sub-2:06 800's over the summer, including a PR **2:05.81**. Other VS point-scorers were sprinters **Carmelita Jeter** and **Will Hills**, middle distance runner **Jon Collins**, Decathlete **Chris Staton**, and Pole Vaultler **Jeff Ryan**.

"We are indebted to Scott King, Meet Director for the LAUSD All-Comers Meets, for enabling us to partner with him on the Summer Grand Prix, said VS Athletics Track Club Director, **Skip Stolley**, who also served as the Series Director. These meets have been going on since 1961, creating a much-needed summer of track & field competition for our open athletes."

Athletes interested in joining
the VS Athletics Track Club
are invited to contact:

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