

VS ATHLETICS

T R A C K C L U B

March 3, 2007

ROSELINE AGBOKE WINS THE 1500 AT UCLA INVITATIONAL

LOS ANGELES, CA—At the first major outdoor meet of the 2007 season, **Roseline Agboke** highlighted the VS Athletics Track Club debut by winning the Women's 1500 meters at the UCLA's historic Drake Stadium. After running in 2nd and 3rd position for the first 1200 meters, Roseline left the field behind in the final 300 meters to win in a good early-season time of **4:31.65**.

Roseline is an 800 meter specialist who ran a personal best of **2:05.81** last summer. Her 1500 best is **4:27.63**. "Roz and I both think that running more 1500's this season will give her the strength she needs to pull her 800 down to 2:02 or 2:03 this year," says VSATC distance coach, Skip Stolley.



In other events, **Rafer Weaver** led a 3-man VS contingent in the Men's 800 meters with a 4th place finish and **Genevieve Graff-Ermeling** placed 5th in the rarely contested Women's 2-Mile.

In the field, decathlete **Grant Dennis** started to get the rust off with 12th place performances in the Men's Long Jump (**20'2½"/6.16m**) and Shot Put (**43'4½"/13.21m**). While well-below his personal bests, they were good marks for Grant to start the 2007 campaign after missing the entire 2006 season with a leg injury.

Meanwhile, across town at the USC Relays, shot putter **Nick Garcia** placed third with a toss of **54'4½" (16.66m)**.

"At this time of the year, we are always behind the collegiate teams who have been competing in indoor meets since January, says Club Director Skip Stolley. We'll catch-up quickly in the next month, but it takes a few meets for everyone to get back into competition mode."

WHAT'S NEXT

- Fri-Sat, March 9-10, **Ben Brown Invitational** at Mt. San Antonio College
- Fr-Sat, March 23-24, **California Relays** at Cerritos College
- Saturday, March 24, **Trojan Invitational** at USC
- Fri-Sat, March 30-31, **Stanford Invitational**

For a complete list of 2007 Southern California competitions open to USATF athletes see:
<http://scausatf.org/open/schedule.htm>

Athletes interested in joining the VS Athletics Track Club are invited to contact:

Skip Stolley
Director
VS ATHLETICS Track Club
825 16th Street /suite B, Santa Monica, CA 90403
Tel (310) 453-7655 sstolley@aol.com