



April 7, 2007

TOMAS FAJARDO BREAKS 60-FOOT BARRIER TO WIN POMONA INVITATIONAL SHOT PUT

CLAREMONT, CA—**Tomas Fajardo** announced his arrival on the national shot put scene with personal best throw of **60' 7¼"** (18.47m) to win the shot put at the 2007 Pomona-Pitzer Invitational. A mid-year graduate of Cal State Northridge with a degree in Recreation Management, he is now working on a M.A. degree in Public Administration.



In the discus, Tomas was the Big West Conference Champion in 2004 and placed 12th at the 2005 NCAA Outdoor Championships in Sacramento. In the shot put, he completed the 2007 indoor season (and his collegiate eligibility) with a throw of 58'11"—his previous PR. Tomas is coached by VS Athletics Assistant Coach Nick Garcia, who is also a graduate of CSUN. "Tomas had a breakthrough performance," says Club Director Skip Stolley. Three of his 4 throws were over 60-feet—more than a foot further than his previous best." "I've been focusing on the discus more than the shot, so this came as a surprise," Tomas noted. His 60' 7¼" winning mark was also a new club record—eclipsing the previous 60' 1¾" standard set by his coach, Nick Garcia, in 2006. In the discus, Tomas placed 2nd at 168'8"—3-inches ahead of teammate **Sam Lightbody**.

The Pomona-Pitzer Invitational featured more than a thousand athletes and 67 collegiate and club teams from 18 States and Canada. The other VS athlete to claim 1st place honors was **Josh Muwwakkil**, who leaped **22'10"** to win the Men's Long Jump on a wet, drizzly day. Josh was the California State Junior College Champion in 2006 and has a PR of 24' 4½".

In the Women's 1500 meters, **Genevieve Graff-Ermeling** continued her comeback with 7th place and a season best time of **4:40.00**. In the Women's 800 meters, **Roseline Agboke** was out-leaned for the win, but ran a season best **2:09.17** in one of the most exciting stretch finishes of the meet. In the men's 800, **Rafer Weaver** reclaimed his club record from teammate **Jon Collins** with a lifetime best time of **1:54.16**. Muscle soreness forced Jon to be a spectator, but both will run the 800 again at the Mt. SAC Relays next weekend along with teammate **Larry Carr**.

WHAT'S NEXT

- Wed-Thu, April 11-12: **Mt. SAC Relays Decathlon at Azusa Pacific**
- Thu-Sun, April 13-15: **49th annual Mt. SAC Relays**

Athletes interested in joining the VS Athletics Track Club are invited to contact:

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